

The CAGE Questionnaire

Have the patient/respondent answer the following questions, “yes” or “no.”

1. Have you ever felt you should cut down on your drinking?
2. Have people annoyed you by criticizing your drinking?
3. Have you ever felt bad or guilty about your drinking?
4. Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (eye-opener)?

Scoring:

Count each “no” as 0 and each “yes” as 1. A total score of 2 or higher is considered clinically significant. Further evaluation may be warranted.

The CAGE addiction assessment was published in 1984 and was developed by Dr. John A. Ewing.

The CAGE-AID Questionnaire

Have the patient/respondent answer the following questions, “yes” or “no.”

1. Have you ever felt you ought to cut down on your drinking or drug use?
2. Have people annoyed you by criticizing your drinking or drug use?
3. Have you felt bad or guilty about your drinking or drug use?
4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (eye-opener)?

Scoring:

Count each “no” as 0 and each “yes” as 1. A total score of 2 or higher is considered clinically significant. Further evaluation may be warranted.

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